



FEBRUARY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
0:30 Church Service 4 1:00 Zumba Chair Fit :30 Spa Day (Nails & more) :00 Relax & Music	10:30 Today's News 5 11:00 Yoga Camp 2:30 XOXO Bingo 4:00 Music & Munchies	10:30 Prayer Of The Day 11:00 Flexibility Fitness 2:30 Paper Flowers for flower wall 4:00 Snacks & Drinks 6:00 Movie Time	10:30 Quote of the Day 11:00 Strength Fit 2:30 Winning Bingo 4:00 Name that Love song	10:30 Black History Inventor of the day 11:00 Pump Fitness 2:30 V-day Bracelets Making 4:00 Music & Gathering 6:00 VR/Movies	10:30 Watch the Ground Hog 11:00 Arm Fitness 2:30 Love Bingo 4:00 Music & Dance	10:30 Short Love Stories 11:00 Full Body 2:30 Lets Make Cookies 4:00 Movies with Friends
0:30 Parise Him 11 1:00 Parise Dance fitness :30 Lets Make V-day cards :00 Small Talk with lends	10:30 Black History Inventor of the day 11:00 Zumba Fit 2:30 Cupid Bingo 4:00 Mardi Gras Perp	10:30 Funny Quote 11:00 Yoga Fitness 2:30 V-Day Cards Givens 4:00 Mardi Gras Party 6:00 Relax and Cool Out	10:30 Love Quotes 11:00 Happy Fit Camp 2:30 V-Day Bingo 4:00 White Castle Dinner	10:30 Morning News 11:00 Walk N Place Fit Camp 2:30 Lets Take a Ride 4:00 Hydrate Cart 6:00 Movie Time	10:30 Quote Of The Day 11:00 Upper Body Fit 2:30 What Love got to do with it Bingo 4:00 Tea Time & Talks	10:30 Love at 1st Sight Story 11:00 Flexibility Fitness 2:30 Painting Rocks 4:00 Spa Day
0:30 Church Service 18 1:00 Arm Day Fit Camp 30 Short Story Book Club 00 Snacks & TV Show	10:30 Lets Take President Day 11:00 Full Body Fit 2:30 Good Love Bingo Resident Council 4:00 Meditate	10:30 Black History News 11:00 Balance Fitness 2:30 Pet Parade 4:00 Draw a Employee day 6:00 MLK Movie	10:30 Today News 11:00 Zumba Fit 2:30 Buggy Bingo 4:00 Guess the Song	10:30 Spiritual Quote 11:00 Leg Day Fitness 2:30 DYI Flower Pot 4:00 Snack & Talk 6:00 The Selma Movies	10:30 Morning News 11:00 Pump Fit Camp 2:30 Lovers Lane Bingo 4:00 Balloon Toss	10:30 Funny Short Story 11:00 Burn The Core 2:30 Chocolate Tasting 4:00 Forest Gump
0:30 Church Service 25 1:00 Parise Fitness 30 Happy Hour 00 Hydrate Cart	10:30 Quote Of the day 11:00 Work it Out Camp 2:30 Lotto Bingo 4:00 TV Game Show	10:30 Black History Short Stories 11:00 Full Body Fit 2:30 VR/ Sensory 4:00 Nail Check 6:00 Movie and Popcorn	10:30 Prayer of the day 11:00 Get Fit with friends 2:30 Casino Bingo 4:00 Music Fun	10:30 Funny Stories 11:00 Full Body Fitness 2:30 Birthday Party 4:00 Lets Decor Cookies 6:00 Charades		

pe the name, address, and other information about your community/company here.