

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

November 2023

			<p>9:00 Daily Chronicle 9:45 Exercise 10:30 soothing arm massage with lotion 11:00 Price is Right/chats 1:00 Singing with Geraldine 1:45 Nail Care 2:30 Hydration Cart 3:15 Sing Along 4:00 Trivia 6:00 Soothing Sounds</p>	<p>9:00 Daily Chronicle 9:45 Exercise 10:30 soothing arm massage with lotion 11:00 Price is Right/chats 1:00 Music Therapy 1:45 Beanbag Toss/ walk 2:30 Hydration Cart 3:15 Reminiscing 4:00 Musical memories 6:00 Soothing Sounds</p>	<p>9:00 Daily Chronicle 9:45 Exercise 10:30 soothing arm massage with lotion 11:00 Price is Right/chats 1:00 Lets go for a walk 1:45 Bingo 2:30 Hydration Cart 3:15 Craft Corner 4:00 Nature Watch 6:00 Soothing Sounds</p>	<p>9:00 Daily Chronicle 9:45 Exercise 10:30 soothing arm massage with lotion 11:15 Dance Party 1:00 Music Therapy 1:45 Balloon Bash 2:30 Hydration Cart 3:15 Card Club 4:00 Sensory 6:00 Soothing Sounds</p>
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